



Hardlopen maakt dat u zich beter voelt! iets voor u?

KoBra-Sportief.nl

Adelaars Ranking

Deelnemer	4-apr-15	28-nov-15	2-apr-16	3-dec-16	1-apr-17	2-dec-17	7-apr-18	1-dec-18	6-apr-19	30-nov-19	5-dec-20	Beste tijd
											Bos P.	

1	Sander	Wallet	0:22:40	no show	0:19:46	0:18:39	0:18:42	no show	0:21:31	0:18:57	no show	gestopt		0:18:39
2	Bart	Peurseem						0:23:03	0:21:29	0:22:16	show	0:26:33		0:21:29
3	Peter	v/d Haar						0:23:16	gestopt	0:22:16	gestopt			0:22:16
4	Paul	Overbeek			gestart	0:23:32	0:23:40	no show	0:23:25	no show	0:22:32	no show	show	0:22:32
5	Tim	Niekus				gestart	0:22:45	no show	gestopt					0:22:45
6	Dick	Broekhuis	no show	0:22:58	no show	no show	no show	Blessure	no show	no show	no show	gestopt		0:22:58
7	Dick	Veldhuizen								0:23:04	no show			0:23:04
8	Ronald	de Vries			gestart	0:23:27	gestopt							0:23:27
9	Henri	Nijdam						0:28:56	0:25:31	0:26:42	0:25:23	Blessure	show	0:25:23
10	Ronn	Bosveld			0:27:25	0:26:00	no show	no show	0:25:31	Blessure	0:25:24	no show	show	0:25:24
11	Jeroen	Huibers			gestart	0:27:46	Blessure	no show	0:25:27	no show	no show	no show		0:25:27
12	Marc	den Adel								0:25:34	gestopt			0:25:34
13	Anna	Verdoes							0:27:59	0:26:14	no show			0:26:14
14	Josephine	Daub						0:29:18	0:29:20	0:27:47	0:26:16			0:26:16
15	Robbert	van Leeuwen			0:26:20	no show	gestopt							0:26:20
16	Richard	van Essen							gestart		0:26:33			0:26:33
17	Harry	Verhoef	0:29:17	no show	0:26:57	no show	0:26:45	no show	0:29:05	0:30:02	Blessure			0:26:45
18	Bep	Treffers	0:29:44	0:27:49	0:26:48	no show	no show	no show	no show	no show	gestopt			0:26:48
19	Jarno	Beekelaar				gestart	0:26:58	gestopt						0:26:58
20	Micha	Stiphout								0:27:08	gestopt			0:27:08
21	Teuni	van Rijnsbergen							0:31:14	0:27:14	0:28:31			0:27:14
22	Margot	Niekus				gestart	0:27:17	gestopt						0:27:17
23	Kees	de Bruin			0:27:23	no show	no show	no show	gestopt					0:27:23
24	Iris	van Vliet			gestart	0:27:27	gestopt							0:27:27
25	Leendert	Terlouw						0:28:26	gestopt	0:27:49	Blessure			0:27:49
26	Aletta	v/d Velpen						0:27:52	gestopt					0:27:52
27	Bert	Toes						0:27:53	no show	gestopt				0:27:53
28	Evert	Kampert						0:29:09	0:28:37	0:28:02	no show	no show		0:28:02
29	Rijk	Oudhuizen						0:31:02	0:28:14	no show	no show			0:28:14
30	Willem	Bakker	0:28:22	0:29:35	Blessure	gestopt								0:28:22
31	Hennie	Jansen	0:30:08	0:28:23	0:29:38	no show	Blessure	gestopt						0:28:23
32	Albert	van Beek						0:29:38	Blessure	0:28:26	no show	no show		0:28:26
33	Dinie	van Veldhuizen			no show	0:28:30	no show	no show	no show	no show	no show	no show		0:28:30
34	Myrthe	v/d Weijden			0:29:06	0:28:30	Blessure	gestopt						0:28:30
35	Herman	Onnen				gestart	0:32:30	0:29:16	0:28:31	no show	no show	no show	gestopt	0:28:31
36	Dick	van Harn	0:30:28	0:28:49	gestopt									0:28:49
37	Sabrina	Zorgdrager								0:29:01	no show			0:29:01
38	Marianne	Koers						0:33:57	no show	no show		0:29:08	PR	0:29:08
39	Nanda	Spruit	0:29:17	no show	gestopt									0:29:17
40	Aernout	Gelderblom										0:29:17	PR	0:29:17
41	Saskia	v/d Haar	0:32:38	0:29:18	Blessure	Blessure	0:30:23	0:30:50	no show	0:32:49	Blessure	gestopt		0:29:18
42	Olaf	Haveman						0:29:21	gestopt				0:32:38	0:29:21
43	Rick	Vis									0:29:28			0:29:28
44	Erica	v/d Hoef			0:29:30	no show	gestopt							0:29:30
45	Gerlinde	Moll	0:31:30	0:29:32	00:29:35	no show	no show	no show	Blessure	gestopt				0:29:32
46	Gert	van Viegen						0:33:34	no show	no show	no show	0:29:34		0:29:34
47	Doris	Berkhuizen	no show	0:31:34	0:29:35	no show	no show	no show	no show	no show	no show			0:29:35
48	Pernella	van Barneveld			0:31:47	0:29:35	Blessure	0:31:48	0:32:24	Blessure	no show	no show		0:29:35
49	Herald	van Baaren								0:29:36	gestopt			0:29:36
50	Gerrit	Muller			0:29:37	Blessure	gestopt							0:29:37
51	Ellen	Bakker							0:30:04	Blessure	Blessure	gestopt		0:30:04
52	Petra	van Fliert van de Zeist			gestart	0:33:01	0:36:01	no show	no show	0:30:26	0:30:04	no show		0:30:04
53	Jan	van Elst									0:30:24	0:30:42		0:30:24
54	Michelle	van Gestel								0:30:26	gestopt			0:30:26
55	Fred	van Leeuwen										0:30:26	PR	0:30:26

56	Kim		Huibers			gestart	0:30:28	no show	no show	no show	no show	no show	no show	no show	0:30:28	
57	Jeannet	van	Middendorp					0:31:58	Blessure	Blessure	0:30:30	no show			0:30:30	
58	Ada	v/d	Hoeven		0:32:17	0:31:06	0:30:34	Blessure	Blessure	gestopt					0:30:34	
59	Imre		Bos			0:30:42	no show	gestopt							0:30:42	
60	Ferry	van	Hardeveld						0:30:57	no show	gestopt				0:30:57	
61	Joke	v/d	Loosdrecht	0:32:11	gestopt		gestart	0:30:59	no show	0:32:39	no show	Blessure	Blessure	gestopt	0:30:59	
62	Wim		Goverde						0:31:00	gestopt					0:31:00	
63	Irene		Schouten		0:31:20	0:31:06	no show	Blessure	gestopt						0:31:06	
64	Nina	van	Riessen			gestart	0:31:13	gestopt							0:31:13	
65	Gido		Rebergen						0:32:27	gestopt	0:31:25	no show	gestopt		0:31:25	
66	Gerwalt	v/d	Lustgraaf		0:31:30	no show	gestopt								0:31:30	
67	Brigitte		Vercauteren					0:31:31	gestopt						0:31:31	
68	Annelinde	v/d	Glind								0:31:33	no show			0:31:33	
69	Ellen		Verkerk								0:31:37	no show	gestopt		0:31:37	
70	Patrick	van	Meenen								0:31:39				0:31:39	
71	Elles		Maarschalkerweerd		0:32:23	0:31:48	no show	no show	0:32:36	no show	no show	no show	0:33:14		0:31:48	
72	Anja		Diepeveen				0:31:57	0:36:13	Blessure	0:33:26	no show	gestopt			0:31:57	
73	Edith		Laan		0:31:58	gestopt									0:31:58	
74	Rilana		Spaan								0:32:02				0:32:02	
75	Gijs	v/d	Hoef	0:32:18	no show	0:32:20	no show	no show	no show	gestopt					0:32:18	
76	Gerbrand		Bulters	0:32:26	no show	gestopt									0:32:26	
77	Hermieke	de	Bruin		0:32:28	0:33:13	no show	gestopt							0:32:28	
78	Monique	van	Bouwhorst			0:32:46	0:33:00	Blessure	Blessure	Blessure	Blessure	0:32:42	0:32:50		0:32:42	
79	Amy	van	Beek					0:32:45	gestopt						0:32:45	
80	Heino		Bakker								0:32:46				0:32:46	
81	Alycke		Slomp		0:38:19	0:36:20	0:33:03	0:39:35	Blessure	no show	no show	no show	gestopt		0:33:03	
82	Kim		Goverde			gestart	0:33:05	gestopt							0:33:05	
83	Lia		Anbeek		0:33:26	0:35:11	Blessure	gestopt			gestart	no show			0:33:26	
84	Renee	van	Nimwegen						0:33:32	gestopt					0:33:32	
85	Anja	van	Geijtenbeek						0:33:34	no show	no show	0:34:17	0:33:51	0:34:23	0:33:34	
86	Suzanne		Treffers			0:35:11	0:33:35	Blessure	gestopt						0:33:35	
87	Brenda		Ramaker								0:33:51				0:33:51	
88	Wilma	van	Geijtenbeek								0:33:51	0:33:53			0:33:51	
89	Reinder		Veenstra		0:35:47	0:33:54	gestopt								0:33:54	
90	Liesbeth		Bielsma						0:34:09	gestopt					0:34:09	
91	Mia		Sterkenburg						0:34:09	gestopt					0:34:09	
92	Joke	van	Voorst							0:37:00	Blessure	no show	0:34:13	PR	0:34:13	
93	Marielle	van	Nieuwamerongen				gestart	0:34:31	gestopt						0:34:31	
94	Sander	v/d	Meijden										0:34:32	PR	0:34:32	
95	Luigia	de	Jonge		0:34:33	no show	no show	Blessure	gestopt						0:34:33	
96	Asta		Skralskyté						0:37:40	0:34:36	Blessure	no show			0:34:36	
97	John	van	Manen							0:34:48	no show	no show	gestopt		0:34:48	
98	Edith		Nap						0:34:49	Blessure	Blessure	Blessure	gestopt		0:34:49	
99	Femke	de	Niet						0:34:49	no show	no show		gestopt		0:34:49	
100	Jan	van	Keulen								0:35:10	gestopt			0:35:10	
101	Elsa	van	Doorn				gestart	0:35:20	gestopt						0:35:20	
102	Wilmer	van	Doorn				gestart	0:35:20	Blessure	Blessure	no show	no show	no show		0:35:20	
103	Heidi	van	Kleef	0:35:28	no show	gestopt									0:35:28	
104	Diana	van	Burken							0:35:53	gestopt				0:35:53	
105	Bart	van	Rijnsbergen							0:35:53	Blessure	Blessure	gestopt		0:35:53	
106	Julia	v/d	Glind								0:35:56	no show	gestopt		0:35:56	
107	Annet	de	Jong											0:36:11	PR	0:36:11
108	Mariette		Wakkermans				gestart	0:36:13	gestopt						0:36:13	
109	Susan		Arnts				gestart	0:36:13	gestopt						0:36:13	
110	Ruben		Bargeman	0:36:14	gestopt										0:36:14	
111	Els		Reckman	0:36:55	no show	no show	gestopt								0:36:55	
112	Monica		Zwitser						0:37:10	gestopt					0:37:10	
113	Annemieke	van	Malestein						0:37:21	0:37:42	gestopt				0:37:21	
114	Anja	van	Keulen						0:38:39	Blessure	0:37:32	gestopt			0:37:32	
115	Scarlet		Vervat						0:38:39	gestopt	gestopt				0:38:39	
116	Marina	van	Tuil											0:39:23	PR	0:39:23
117	Piet		Zegwaard							0:40:00	gestopt				0:40:00	

